VibraLITE 8

DISPLAY ICONS:

- SOUND ICON
- VIBRATION ICON
- CHRONO ICON
- ALARM ICONS
- HOURLY ALERT ICON
- TIMER ICON
- AM AND PM INDICATORS

OPERATING MODES:

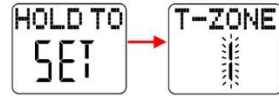TIME → ALARM → CHRONO
OPTION ← TIMER
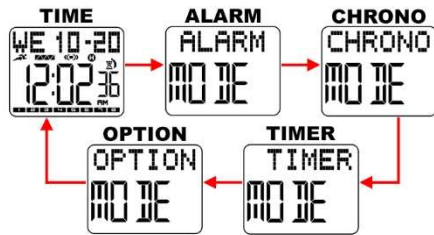
*** Use the MODE button to rotate through the modes.

TIME MODE:

- 3 Time Zone Settings
- 12-hour (AM/PM) or 24-hour Clock Option
- Date Format Option - Select Month/Day or Day/Month

Setting the TIME and DATE:

1) In the TIME mode, press and hold the SET/RESET button until "T-ZONE" (time zone) "1" appears on the display. The number "1" will be flashing.

HOLD TO SET → T-ZONE

2) Use the START/STOP button to select the time zone you would like to set. Time zone "1" should be set to your current local time as all programmed alarms will activate based on this time zone. Time zone "2" and "3" should only be used to keep track of the time in different time zones.
3) Press the MODE button once to advance to the hour. The hour digit(s) will be flashing.
4) Use the START/STOP button to set the hour. When using the 12-hour clock option "AM" or "PM" will be displayed directly under the seconds on the bottom right portion of the screen.
5) Press the MODE button once to advance to the minutes. The minute digits will be flashing.
6) Use the START/STOP button to set the minutes.
7) Press the MODE button once to advance to the seconds. The second digits will be flashing.
8) Use the START/STOP button to reset the seconds to "00" (optional).
9) Press the MODE button once to advance to the day of the week. The day of the week letters will be flashing.
10) Use the START/STOP button to set the day of the week ("MO" = Monday, "TU" = Tuesday, "WE" = Wednesday, "TH" = Thursday, "FR" = Friday, "SA" = Saturday, "SU" = Sunday).
11) Press the MODE button once to advance to the month. The month digit(s) will be flashing.
12) Use the START/STOP button to set the numerical month.
13) Press the MODE button once to advance to the day of the month. The day of the month digits will be flashing.
14) Use the START/STOP button to set the day of the month.
15) Press the MODE button once to advance to the "12-HR" (12-hour) or "24-HR" (24-hour) clock option. The number "12" will be flashing.

TIME 12HR

16) Use the START/STOP button to select "12-HR" (12-hour) or "24-HR" (24-hour) clock. This selection will be automatically applied to all 3 time zones.
17) Press the MODE button once to advance to the date format option. The date format ("MM-DD") will be flashing ("MM" = month, "DD" = day of the month).

DATE MM-DD

18) Use the START/STOP button to select the date format ("MM-DD" or "DD-MM"). This selection will be automatically applied to all 3 time zones.
19) Press the MODE button once to return to the "T-ZONE" (time zone) selection screen. To continue setting additional time zones repeat steps 2 through 19.
20) When complete, press the SET/RESET button once to save your settings.

Viewing TIME ZONE 2 or 3:

1) In the TIME mode, press the START/STOP button once to view "T2" (time zone 2). Time zone 2 will be displayed for 3 seconds.
2) Press the START/STOP button again (within 3 seconds) to view "T3" (time zone 3). Time zone 3 will be displayed for 3 seconds. After 3 seconds, the display will automatically return to the time zone 1 screen.

ALARM MODE:

- 8 Daily Alarms.
- Alarms can be turned on/off as needed.
- 20 second alarm duration (can be cut short by pressing any button).

Setting the ALARMS:

1) Use the MODE button to advance to the ALARM MODE.

ALARM MODE

2) Use the SET/RESET button to select the alarm ("ALARM 1" - "ALARM 8") you would like to set.

ALARM 2 OFF

3) Press and hold the SET/RESET button until the hour digit(s) start flashing.
4) Use the START/STOP button to set the hour. When using the 12-hour clock option "AM" or "PM" will be displayed on the bottom right portion of the screen.
5) Press the MODE button once to advance to the minutes. The minute digits will be flashing.
6) Use the START/STOP button to set the minutes.
7) Press the SET/RESET button once to save your settings. After saving your settings, the alarm will be turned on and the corresponding alarm icon will be displayed on the bottom of the screen.

ALARM 1 ICON

To continue setting additional alarms repeat steps 2 through 7.

*** After setting your alarms, proceed to the OPTION MODE section to turn on vibration/sound.

Viewing ALARM settings:

1) Use the MODE button to advance to the ALARM MODE.

ALARM MODE

2) Use the SET/RESET button to rotate through each of the current alarm ("ALARM 1" - "ALARM 8") settings. When the alarm is turned on, the alarm time will be displayed. When the alarm is turned off, the word "OFF" will be displayed.
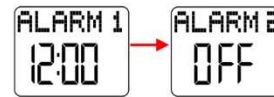
ALARM 1 12:00 → ALARM 2 OFF
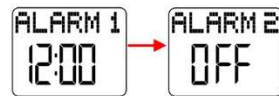
Turning ALARMS on/off:

1) Use the MODE button to advance to the ALARM MODE.

ALARM MODE

2) Use the SET/RESET button to select the alarm ("ALARM 1" - "ALARM 8") you would like to turn on/off.

ALARM 1 12:00 → ALARM 2 OFF

3) Use the START/STOP button to turn the alarm on/off. When the alarm is turned on, the alarm time will be displayed. When the alarm is turned off, the word "OFF" will be displayed.

CHRONO (STOPWATCH) MODE:

- Stopwatch timing up to 23 hours, 59 minutes and 59.99 seconds.

Starting/Stopping the STOPWATCH:

1) Use the MODE button to advance to the CHRONO MODE.

CHRONO MODE

2) Press the START/STOP button once to start timing. The CHRONO (sprinter) icon displayed on the left side of the screen will be flashing.

CHRONO ICON

3) Press the START/STOP button again to stop timing. The time will be paused until the stopwatch is restarted (START/STOP) or reset to zero (SET/RESET).

Split Timing with STOPWATCH:

1) While timing, press the SET/RESET button once to stop and read the elapsed time on the display. The CHRONO (sprinter) icon displayed on the left side of the screen will continue flashing indicating that the stopwatch is still running to record the total elapsed time off screen.
2) Press the SET/RESET button again to resume display of the total time.

Resetting the STOPWATCH:

1) While stopped, press the SET/RESET button once to reset the stopwatch to zero.

CHRONO 00:00.00

TIMER MODE:

- Timer can be set for any amount of time up to 23 hours, 59 minutes and 59 seconds.
- 5 second alarm duration (can be cut short by pressing any button). When the timer is set for less than 30 seconds the alarm duration changes to 1 second.
- REPEAT option provides continuous, even interval timer alarms. Repetitions are counted and displayed up to 99, then reset to zero.

TIMER MODE (continued):

- REMIND option provides 1 second alerts at 10 minutes and 5 minutes to zero.

Setting the TIMER:

1) Use the MODE button to advance to the TIMER MODE.

```
TIMER
MODE
```

2) Press and hold the SET/RESET button until the hour digit(s) start flashing.

```
TIMER
0:00
```

3) Use the START/STOP button to set the hour.
4) Press the MODE button once to advance to the minutes. The minute digits will be flashing.
5) Use the START/STOP button to set the minutes.
6) Press the MODE button once to advance to the seconds. The second digits will be flashing.
7) Use the START/STOP button to set the seconds.
8) Press the MODE button once to advance to the REPEAT option. The word "on" or "OFF" will be flashing.

```
REPEAT
ON
```

9) Use the START/STOP button to turn the REPEAT option on/OFF. When the REPEAT option is turned on, the timer will repeat automatically every time the countdown reaches zero. Repetitions are counted and displayed up to 99, then reset to zero.
10) Press the MODE button once to advance to the REMIND option. The word "on" or "OFF" will be flashing.

```
REMIND
ON
```

11) Use the START/STOP button to turn the REMIND option on/OFF. When the REMIND option is turned on, the timer will provide 1 second alerts at 10 minutes and 5 minutes to zero.
12) Press the SET/RESET button once to save your settings.

*** After setting your countdown time, proceed to the OPTION MODE section to turn on vibration/sound.

Starting/Stopping the TIMER:

1) Use the MODE button to advance to the TIMER MODE.

```
TIMER
MODE
```

2) Press the START/STOP button once to start the countdown. The timer (hourglass) icon displayed above the second digits will be flashing.

TIMER ICON WITH REPEAT ON   TIMER ICON WITH REPEAT OFF

3) Press the START/STOP button again to stop the countdown. The countdown time will be paused until the timer is restarted (START/STOP) or reset (press and hold SET/RESET).

Resetting the TIMER (while stopped or during countdown):

1) Use the MODE button to advance to the TIMER MODE.

```
TIMER
MODE
```

2) Press and hold the SET/RESET button until the timer resets to the original time set for countdown.

OPTION MODE:

- VIBRA (vibration) option - applies to all alarms and alerts when turned on.

- SOUND option - applies to all alarms and alerts when turned on.
- HOURLY (alert) option - provides 1 second alerts every hour on the hour (if vibration/sound option is turned on).

Turning OPTIONS on/off:

1) Use the MODE button to advance to the OPTION MODE.

```
OPTION
MODE
```

2) Use the START/STOP button to turn the VIBRA (vibration) option on/OFF. When the VIBRA (vibration) option is turned on, the vibration icon will be displayed between the date and time in the TIME mode.

VIBRATION ICON

3) Press the SET/RESET button once to advance to the SOUND option.
4) Use the START/STOP button to turn the SOUND option on/OFF. When the SOUND option is turned on, the sound icon will be displayed between the date and time in the TIME mode.

SOUND ICON

5) Press the SET/RESET button once to advance to the HOURLY (alert) option.
6) Use the START/STOP button to turn the HOURLY (alert) option on/OFF. When the HOURLY (alert) option is turned on, the watch will provide 1 second alerts every hour on the hour and the hourly alert icon will be displayed between the date and time in the TIME mode.

HOURLY ALERT ICON

LIGHT button (EL backlight):

Press the LIGHT button to turn on the backlight (in any MODE). The backlight will turn off automatically after 3 seconds. The backlight will stay on if any button is pressed within 3 seconds making setting in the dark possible.

DISCLAIMER

The manufacturer does not accept any responsibility whatsoever for any inconvenience or non-compliance for medication or any other purpose the watch may be used for.

IMPORTANT PRECAUTIONS

This VibraLITE® 8 watch features a 10 ATM water resistance rating and can be worn during recreational swimming. Do not press buttons while submerged. Not suitable for diving. Humid shower, bath and spa conditions should be avoided. Do not attempt to open the watch for any reason. Battery replacement must be performed by a qualified technician under controlled conditions in order to maintain water resistance.

BATTERY INFORMATION

The VibraLITE® 8 watch uses 1 x CR2032 - 3 volt lithium battery. The watch includes a starter battery for your convenience. The starter battery will have a shorter life due to the extensive quality control, testing and shelf life your watch has undergone prior to purchase. Battery life can vary significantly depending on usage. The vibration feature uses the most battery power so the more vibrating alarms used daily, the sooner the battery will need replacement. Conserve battery by pressing any button to cut vibrating alarm durations short. Battery replacement must be performed by a qualified technician under controlled conditions in order to maintain water resistance.

TROUBLESHOOTING

Before sending your watch for service, we recommend the following:

1) Perform a factory reset. Press and hold down all four buttons at the same time until the watch resets (all settings will be erased).
2) Have your battery replaced. When the battery gets too low, the watch will stop functioning correctly. Most problems encountered can be corrected by installing a new battery.
3) Give us a call! One of our technicians would be happy to troubleshoot with you by phone and answer any questions you may have. We are available Monday thru Friday, 9:00 a.m. to 4:00 p.m. EST.

ONE YEAR LIMITED WARRANTY

Your VibraLITE® 8 watch is guaranteed to be free from defects in material or workmanship for one year from the date of purchase. This limited warranty covers watch functions only and does not apply to the battery, strap, case, bezel or crystal since these parts are subject to wear and tear. The warranty is void if the watch has been tampered with, altered, abused, or subjected to extreme conditions for which it was not designed. At its option, the manufacturer may select to replace the unit, rather than repair it.

WARRANTY SERVICE

All service must be performed by a qualified professional. Any damage caused by a third party during service is not covered by the warranty. During the warranty period, return your watch with a dated proof of purchase, in a secure package, insured with shipping charges prepaid. C.O.D. packages will not be accepted. Please include a note describing the problem/service required, your return address, contact information and payment in the amount of $10.00 USD for return shipping and handling in the USA. For return shipping and handling to other countries, please contact us for pricing. We accept payments by check, money order, Visa, MasterCard, American Express and Discover.

OUT OF WARRANTY SERVICE

Follow the same procedure as described in the WARRANTY SERVICE section when returning your watch. An estimate for any labor or parts not covered by the warranty will be submitted for your approval before any work is performed.

For additional information, visit our website: www.VibraLITE.com

$Vibra$LITE®

VibraLITE® is a registered trademark owned by CIRCA TEMPUS, LLC

CIRCA ⊕ TEMPUS

HOLLYWOOD, FLORIDA U.S.A.